



Southampton AC "The Run In The Park 10K" Hampshire Road Race League Race 2013

Netley - Sunday 19th May 2013

Combined Results

Pos.	No.	Name	Club	Vet. Cat.	Time	Men Pos.	Pos. in Club	Team Pos.	MEN'S Team	Team Pts	Women Pos.	Pos. in Club	Team Pos.	WOMEN'S Team	Team Pts
53	44	NICK MORT	EASTLEIGH RUNNING CLUB	M40	18	38:18	51	6	12 EASTLEIGH RUNNING CLUB	132	-	-	-	-	-
54	413	DAVID JEFFERY	STUBBINGTON GREEN RUNI	M40	19	38:20	52	6	10 STUBBINGTON GREEN RUNI	105	-	-	-	-	-
55	115	IAIN RUTHERFORD		0 SM	28	38:20	53	-	-	-	-	-	-	-	-
56	64	MATTHEW JERRARD	EASTLEIGH RUNNING CLUB	SM	29	38:21	54	7	-	-	-	-	-	-	-
57	139	SEV ROBERTS	STUBBINGTON GREEN RUNI	SM	30	38:27	55	7	-	-	-	-	-	-	-
58	395	KATE WEST	CITY OF SALISBURY A & RC	W40	2	38:30	-	-	-	-	3	1	-	-	-
59	476	JAMIE BARRETT		SM	31	38:31	56	-	-	-	-	-	-	-	-
60	150	CHRIS BUXTON	GOSPORT ROAD RUNNERS	M40	20	38:33	57	1	-	-	-	-	-	-	-
61	724	CHRIS SETTERS	WINCHESTER & DISTRICT A	SM	32	38:36	58	6	13 WINCHESTER & DISTRICT A	139	-	-	-	-	-
62	719	ANDREW PARKINSON	WINCHESTER & DISTRICT A	M40	21	38:39	59	7	-	-	-	-	-	-	-
63	337	TONY RICKMAN	LORDSHILL ROAD RUNNERS	SM	33	38:41	60	8	-	-	-	-	-	-	-
64	718	RICHARD BAILEY	PORTSMOUTH JOGGERS	M40	22	38:45	61	2	-	-	-	-	-	-	-
65	394	DAVE WEST	CITY OF SALISBURY A & RC	M40	23	38:46	62	7	-	-	-	-	-	-	-
66	474	ANDY CHASE	NEW FOREST RUNNERS	M40	24	38:56	63	1	-	-	-	-	-	-	-
67	9	PAUL SIDAWAY	EASTLEIGH RUNNING CLUB	M50	7	38:58	64	8	-	-	-	-	-	-	-
68	442	TIM STEWART	TOTTON RUNNING CLUB	M40	25	39:00	65	4	-	-	-	-	-	-	-
69	302	JOHN ROGERS	DENMEAD STRIDERS	M40	26	39:02	66	2	-	-	-	-	-	-	-
70	215	MIKE HARPER	STUBBINGTON GREEN RUNI	M50	8	39:03	67	8	-	-	-	-	-	-	-
71	370	JEREMY WATTS	LORDSHILL ROAD RUNNERS	M40	27	39:05	68	9	16 LORDSHILL ROAD RUNNERS	176	-	-	-	-	-
72	135	ROBERT BENHAM	LORDSHILL ROAD RUNNERS	M40	28	39:07	69	10	-	-	-	-	-	-	-
73	760	CHRIS JENKINS	PORTSMOUTH JOGGERS	SM	34	39:09	70	3	14 PORTSMOUTH JOGGERS	164	-	-	-	-	-
74	396	KAREN RUSHTON	SOUTH WEST VETS AC	W40	3	39:12	-	-	-	-	4	1	-	-	-
75	197	MICHAEL WARNER		0 SM	35	39:20	71	-	-	-	-	-	-	-	-
76	171	PETE MAIDMENT	DENMEAD STRIDERS	SM	36	39:23	72	3	17 DENMEAD STRIDERS	187	-	-	-	-	-
77	460	HENRY SZWINTO	NEW FOREST RUNNERS	M50	9	39:28	73	2	-	-	-	-	-	-	-
78	324	WARREN JACKSON-HOOKIN	GOSPORT ROAD RUNNERS	SM	37	39:35	74	2	-	-	-	-	-	-	-
79	377	ROBIN OAKLEY	OVERTON HARRIERS & AC	SM	38	39:37	75	8	-	-	-	-	-	-	-
80	88	COLIN LIGHT	FAREHAM CRUSADERS	SM	39	39:40	76	2	-	-	-	-	-	-	-
81	177	STEVE OLIVER	WINCHESTER & DISTRICT A	M50	10	39:42	77	8	-	-	-	-	-	-	-
82	216	ANDREW STOCKWELL	STUBBINGTON GREEN RUNI	M40	29	39:44	78	9	18 STUBBINGTON GREEN RUNI	200	-	-	-	-	-
83	486	TOBY GREENFIELD	STUBBINGTON GREEN RUNI	SM	40	39:45	79	10	-	-	-	-	-	-	-
84	397	MAX COSTLEY		SM	41	39:50	80	-	-	-	-	-	-	-	-
85	94	MICHAEL DALLY	FAREHAM CRUSADERS	M40	30	39:53	81	3	15 FAREHAM CRUSADERS	173	-	-	-	-	-
86	28	ROBERT BRYAN	WINCHESTER & DISTRICT A	M40	31	39:54	82	9	20 WINCHESTER & DISTRICT A	218	-	-	-	-	-
87	25	STEVE CHURCHER	EASTLEIGH RUNNING CLUB	M50	11	39:56	83	9	19 EASTLEIGH RUNNING CLUB	201	-	-	-	-	-
88	408	PHIL MANNALL	ISLE OF WIGHT ROAD RUNN	M40	32	39:59	84	2	-	-	-	-	-	-	-
89	735	GARY PAINTING	LORDSHILL ROAD RUNNERS	SM	42	40:03	85	11	-	-	-	-	-	-	-
90	252	POLLY SEGAR	ISLE OF WIGHT ROAD RUNN	SW	2	40:05	-	-	-	-	5	1	-	-	-
91	351	GRAHAM BOWPITT	DENMEAD STRIDERS	M40	33	40:11	86	4	-	-	-	-	-	-	-
92	470	ANDREW PHIMISTER	NEW FOREST RUNNERS	M40	34	40:12	87	3	21 NEW FOREST RUNNERS	223	-	-	-	-	-
93	238	MARCUS LEE	STUBBINGTON GREEN RUNI	M40	35	40:14	88	1	-	-	-	-	-	-	-
94	228	LEO MALIPHANT		SM	43	40:16	89	-	-	-	-	-	-	-	-
95	27	WILLIAM BRYAN	WINCHESTER & DISTRICT A	SM	44	40:18	90	10	-	-	-	-	-	-	-
96	288	GUY BROWN	HARDLEY RUNNERS	M40	36	40:19	91	2	-	-	-	-	-	-	-
97	37	IAN ADOLPHO-PUGH	GOSPORT ROAD RUNNERS	SM	45	40:20	92	3	22 GOSPORT ROAD RUNNERS	223	-	-	-	-	-
98	163	LIAM DREDGE	STUBBINGTON GREEN RUNI	SM	46	40:21	93	11	-	-	-	-	-	-	-
99	331	DAVID FLEET	FAREHAM CRUSADERS	SM	47	40:22	94	4	-	-	-	-	-	-	-
100	425	PAUL BRITTENDEN	WINCHESTER & DISTRICT A	SM	48	40:23	95	11	-	-	-	-	-	-	-
101	132	NICK CLARKE		SM	49	40:24	96	-	-	-	-	-	-	-	-
102	737	PAUL JOHNSON	SOUTHAMPTON AC	M50	12	40:28	97	1	-	-	-	-	-	-	-
103	435	JASON SPARKS	EASTLEIGH RUNNING CLUB	SM	50	40:31	98	10	-	-	-	-	-	-	-
104	749	KEVIN YATES	LORDSHILL ROAD RUNNERS	SM	51	40:40	99	12	26 LORDSHILL ROAD RUNNERS	253	-	-	-	-	-

Southampton AC "The Run In The Park 10K" Hampshire Road Race League Race 2013

Netley - Sunday 19th May 2013

Combined Results

Pos.	No.	Name	Club	Vet. Cat.	Cat. Pos	Time	Men Pos.	Pos. in Club	Team Pos.	MEN'S Team	Team Pts	Women Pos.	Pos. in Club	Team Pos.	WOMEN'S Team	Team Pts
105	112	ALEX JOHNSON	HEDGE END RUNNING CLUB	M40	37	40:41	100	1	-	-	-	-	-	-	-	-
106	78	JEFF SCARLE	LORDSHILL ROAD RUNNERS	SM	52	40:43	101	13	-	-	-	-	-	-	-	-
107	249	CARL ISZATT	LORDSHILL ROAD RUNNERS	SM	53	40:50	102	14	-	-	-	-	-	-	-	-
108	401	ADAM DEVINE		SM	54	40:54	103	-	-	-	-	-	-	-	-	-
109	38	LIZ YOUNG	NEW FOREST RUNNERS	SW	3	40:56	-	-	-	-	-	6	2	-	-	-
110	18	ROGER JONES	PORTSMOUTH JOGGERS	M50	13	40:56	104	4	-	-	-	-	-	-	-	-
111	42	MICK CHAPPELL	HEDGE END RUNNING CLUB	M40	38	41:05	105	2	-	-	-	-	-	-	-	-
112	162	IAN EDWARDS	FAREHAM CRUSADERS	SM	55	41:07	106	5	-	-	-	-	-	-	-	-
113	13	SARAH GURNEY	WINCHESTER & DISTRICT A	W40	4	41:08	-	-	-	-	-	7	2	-	-	-
114	357	SANDIE HOWARD	PORTSMOUTH JOGGERS	SW	4	41:13	-	-	-	-	-	8	1	-	-	-
115	369	FRANK HANDY	NEW FOREST RUNNERS	SM	56	41:14	107	4	-	-	-	-	-	-	-	-
116	314	COLIN GARDNER	GOSPORT ROAD RUNNERS	M50	14	41:18	108	4	-	-	-	-	-	-	-	-
117	117	SIMON MCCARTHY	LORDSHILL ROAD RUNNERS	M40	39	41:20	109	15	31	LORDSHILL ROAD RUNNERS	312	-	-	-	-	-
118	87	RIKKI PRINCE	LORDSHILL ROAD RUNNERS	SM	57	41:21	110	16	-	-	-	-	-	-	-	-
119	158	SIMON TOMS	DENMEAD STRIDERS	M40	40	41:23	111	5	-	-	-	-	-	-	-	-
120	36	DAVE CASS	ISLE OF WIGHT ROAD RUNN	M40	41	41:24	112	3	23	ISLE OF WIGHT ROAD RUNN	241	-	-	-	-	-
121	155	JONATHAN PLOMER	STUBBINGTON GREEN RUNI	M40	42	41:26	113	12	28	STUBBINGTON GREEN RUNI	285	-	-	-	-	-
122	110	SAMANTHA APLIN	EASTLEIGH RUNNING CLUB	SW	5	41:28	-	-	-	-	-	9	1	-	-	-
123	429	DAVID OSMENT	CITY OF SALISBURY A & RC	M50	15	41:29	114	8	-	-	-	-	-	-	-	-
124	410	DARREN COLE	ISLE OF WIGHT ROAD RUNN	SM	58	41:30	115	4	-	-	-	-	-	-	-	-
125	102	JOHN MCKENZIE	HARDLEY RUNNERS	M50	16	41:33	116	3	25	HARDLEY RUNNERS	243	-	-	-	-	-
126	220	RODERICK NAIRN	FAREHAM CRUSADERS	M50	17	41:38	117	6	32	FAREHAM CRUSADERS	317	-	-	-	-	-
127	298	RODOLFO GONZALEZ	LORDSHILL ROAD RUNNERS	M40	43	41:40	118	17	-	-	-	-	-	-	-	-
128	217	NEIL RICHARDSON	STUBBINGTON GREEN RUNI	M40	44	41:43	119	13	-	-	-	-	-	-	-	-
129	180	PHILLIP CHAMBERLAIN	FAREHAM CRUSADERS	M40	45	41:44	120	7	-	-	-	-	-	-	-	-
130	191	NATALIE CAIN	WINCHESTER & DISTRICT A	SW	6	41:45	-	-	-	-	-	10	3	1	WINCHESTER & DISTRICT A	19
131	182	GARY WILLIS	PORTSMOUTH JOGGERS	M50	18	41:54	121	5	-	-	-	-	-	-	-	-
132	98	LYNNE WHITAKER	WINCHESTER & DISTRICT A	W50	1	41:55	-	-	-	-	-	11	4	-	-	-
133	287	SEAN DAVIES	WINCHESTER & DISTRICT A	SM	59	41:58	122	12	30	WINCHESTER & DISTRICT A	307	-	-	-	-	-
134	715	NEIL CATCHLOVE		SM	60	42:06	123	-	-	-	-	-	-	-	-	-
135	239	MARTIN CARPENTER	DENMEAD STRIDERS	M40	46	42:13	124	6	33	DENMEAD STRIDERS	321	-	-	-	-	-
136	736	ANDY BUDGELL	CITY OF SALISBURY A & RC	M40	47	42:16	125	9	29	CITY OF SALISBURY A & RC	301	-	-	-	-	-
137	461	TONY LEES	TOTTON RUNNING CLUB	M50	19	42:18	126	5	-	-	-	-	-	-	-	-
138	391	HANNAH BLISS	OVERTON HARRIERS & AC	SW	7	42:20	-	-	-	-	-	12	1	-	-	-
139	722	BERNARD DUTTON	HEDGE END RUNNING CLUB	M60	1	42:29	127	3	35	HEDGE END RUNNING CLUB	332	-	-	-	-	-
140	131	LAURA ALLEN	DENMEAD STRIDERS	SW	8	42:37	-	-	-	-	-	13	1	-	-	-
141	717	RHYS HENDERSON	NEW FOREST RUNNERS	M50	20	42:38	128	5	-	-	-	-	-	-	-	-
142	714	STEVEN WOOLDRIDE	PORTSMOUTH JOGGERS	M50	21	42:44	129	6	36	PORTSMOUTH JOGGERS	354	-	-	-	-	-
143	334	JAMIE ALI	HEDGE END RUNNING CLUB	M40	48	42:44	130	4	-	-	-	-	-	-	-	-
144	477	ANDREW MCGOUGH		M40	49	42:45	131	-	-	-	-	-	-	-	-	-
145	740	AMY TANNER	ST ALBANS STRIDERS	SW	9	42:46	-	-	-	-	-	14	1	-	-	-
146	390	KEITH CLARK	OVERTON HARRIERS & AC	M40	50	42:52	132	9	27	OVERTON HARRIERS & AC	254	-	-	-	-	-
147	489	NOEL GRIMLEY	VEGAN RUNNERS UK	M40	51	42:54	133	1	-	-	-	-	-	-	-	-
148	35	TORI GREEN	WINCHESTER & DISTRICT A	SW	10	43:01	-	-	-	-	-	15	5	-	-	-
149	233	ROBIN NANDI		SM	61	43:02	134	-	-	-	-	-	-	-	-	-
150	358	SALLY GREENSLADE	CITY OF SALISBURY A & RC	W40	5	43:06	-	-	-	-	-	16	2	-	-	-
151	303	SOPHIE KEOUGH		SW	11	43:08	-	-	-	-	-	17	1	-	-	-
152	346	CRAIG MURPHY	CITY OF SALISBURY A & RC	M40	52	43:12	135	10	-	-	-	-	-	-	-	-
153	415	PAUL HALLETT	TOTTON RUNNING CLUB	M50	22	43:13	136	6	34	TOTTON RUNNING CLUB	327	-	-	-	-	-
154	203	KEVIN WHITE	GOSPORT ROAD RUNNERS	SM	62	43:15	137	5	-	-	-	-	-	-	-	-
155	438	LUKE HULL		SM	63	43:17	138	-	-	-	-	-	-	-	-	-
156	475	KATHERINE BLEAKLEY	CITY OF SALISBURY A & RC	SW	12	43:18	-	-	-	-	-	18	3	2	CITY OF SALISBURY A & RC	37

Southampton AC "The Run In The Park 10K" Hampshire Road Race League Race 2013

Netley - Sunday 19th May 2013

Combined Results

Pos.	No.	Name	Club	Vet. Cat.	Time	Men Pos.	Pos. in Club	Team Pos.	MEN'S Team	Team Pts	Women Pos.	Pos. in Club	Team Pos.	WOMEN'S Team	Team Pts
157	432	MELISSA HUTTON-DUNTON	STUBBINGTON GREEN RUNI SW	13	43:20	-	-	-	-	-	19	1	-	-	-
158	439	NICO BEUKMAN	STUBBINGTON GREEN RUNI M40	53	43:20	139	14	-	-	-	-	-	-	-	-
159	762	LEE CAIELS	LORDSHILL ROAD RUNNERS SM	64	43:21	140	18	37	LORDSHILL ROAD RUNNERS	368	-	-	-	-	-
160	452	PETER WATTS	WINCHESTER & DISTRICT A(M50	23	43:22	141	13	-	-	-	-	-	-	-	-
161	721	ROB KELLY	LORDSHILL ROAD RUNNERS M40	54	43:22	142	19	-	-	-	-	-	-	-	-
162	194	JULIAN SMITH	NEW FOREST RUNNERS M50	24	43:27	143	6	38	NEW FOREST RUNNERS	378	-	-	-	-	-
163	462	DARREN FOY	LORDSHILL ROAD RUNNERS M40	55	43:29	144	20	-	-	-	-	-	-	-	-
164	702	MATTHEW TAYLOR	WINCHESTER & DISTRICT A(M40	56	43:30	145	14	-	-	-	-	-	-	-	-
165	91	JOANNA CURTIS	ALTON RUNNERS W50	2	43:35	-	-	-	-	-	20	1	-	-	-
166	174	PETER COLLIER	NEW FOREST RUNNERS M60	2	43:35	146	7	-	-	-	-	-	-	-	-
167	67	DALE WESTERN	HAVANT AC M40	57	43:42	147	1	-	-	-	-	-	-	-	-
168	284	STEVEN GARDNER	DENMEAD STRIDERS M50	25	43:49	148	7	-	-	-	-	-	-	-	-
169	376	PIERS PUNTAN	OVERTON HARRIERS & AC M40	58	43:51	149	10	-	-	-	-	-	-	-	-
170	147	TERRY HEALY	CHICHESTER RUNNERS M50	26	43:52	150	1	-	-	-	-	-	-	-	-
171	350	ANDY JOHNSON	GOSPORT ROAD RUNNERS M40	59	43:54	151	6	39	GOSPORT ROAD RUNNERS	396	-	-	-	-	-
172	307	CHARLIE COOPER	HEDGE END RUNNING CLUB M50	27	43:54	152	5	-	-	-	-	-	-	-	-
173	365	JAYSON GRYGIEL	GOSPORT ROAD RUNNERS M40	60	43:58	153	7	-	-	-	-	-	-	-	-
174	375	DAVE TITCOMB	OVERTON HARRIERS & AC M50	28	43:59	154	11	-	-	-	-	-	-	-	-
175	348	DEAN JONES	LORDSHILL ROAD RUNNERS SM	65	44:01	155	21	41	LORDSHILL ROAD RUNNERS	441	-	-	-	-	-
176	763	PAUL UNSTED	M40	61	44:03	156	-	-	-	-	-	-	-	-	-
177	484	LOUISE CRAIG	LORDSHILL ROAD RUNNERS SW	14	44:07	-	-	-	-	-	21	1	-	-	-
178	729	JO GILHOLM	VICTORY AC W40	6	44:13	-	-	-	-	-	22	1	-	-	-
179	420	DAVID VINE	M50	29	44:17	157	-	-	-	-	-	-	-	-	-
180	741	SARAH SHEDDEN	WINCHESTER & DISTRICT A(SW	15	44:22	-	-	-	-	-	23	6	4	WINCHESTER & DISTRICT A(SW	49
181	733	ADRIAN BINDING	PORTSMOUTH JOGGERS M40	62	44:24	158	7	-	-	-	-	-	-	-	-
182	161	KIRSTY SPITTLES	FAREHAM CRUSADERS SW	16	44:25	-	-	-	-	-	24	1	-	-	-
183	398	STEVE ASKEW	FAREHAM CRUSADERS M40	63	44:28	159	8	-	-	-	-	-	-	-	-
184	321	TOM CALLAWAY	STUBBINGTON GREEN RUNI SM	66	44:29	160	15	40	STUBBINGTON GREEN RUNI	418	-	-	-	-	-
185	75	MARK PELLEY	DENMEAD STRIDERS M50	30	44:29	161	8	-	-	-	-	-	-	-	-
186	1	TIM BENNETT	ANDOVER AC M50	31	44:33	162	3	24	ANDOVER AC	241	-	-	-	-	-
187	414	NICHOLAS WILLETTS	CITY OF SALISBURY A & RC M40	64	44:35	163	11	-	-	-	-	-	-	-	-
188	352	NOEL FINN	ISLE OF WIGHT ROAD RUNN M40	65	44:36	164	5	-	-	-	-	-	-	-	-
189	39	HAYLEY CHILVERS	EASTLEIGH RUNNING CLUB W40	7	44:38	-	-	-	-	-	25	2	-	-	-
190	318	MATTHEW JOHNSON	FAREHAM CRUSADERS SM	67	44:38	165	9	42	FAREHAM CRUSADERS	444	-	-	-	-	-
191	709	PHILIP MARTIN	M50	32	44:46	166	-	-	-	-	-	-	-	-	-
192	290	PADDY BUTLER	HARDLEY RUNNERS M50	33	44:49	167	4	-	-	-	-	-	-	-	-
193	304	BRADLEY ISAACS	SM	68	44:52	168	1	-	-	-	-	-	-	-	-
194	403	JOHN MALYON	SM	69	44:56	169	-	-	-	-	-	-	-	-	-
195	469	EMMA CARTER	WINCHESTER & DISTRICT A(W40	8	44:58	-	-	-	-	-	26	7	-	-	-
196	333	STEVE ROBINSON	LORDSHILL ROAD RUNNERS SM	70	44:59	170	22	-	-	-	-	-	-	-	-
197	419	DAVE PENNEY	SM	71	45:00	171	-	-	-	-	-	-	-	-	-
198	445	ROB ENGLISH	M40	66	45:00	172	-	-	-	-	-	-	-	-	-
199	66	PHIL WESTERN	HAVANT AC M60	3	45:02	173	2	-	-	-	-	-	-	-	-
200	138	MARK EVANS	SM	72	45:15	174	-	-	-	-	-	-	-	-	-
201	120	MIKE MATTINGLY	LORDSHILL ROAD RUNNERS M50	34	45:16	175	23	-	-	-	-	-	-	-	-
202	72	CATHERINE TIMSON	WINCHESTER & DISTRICT A(SW	17	45:18	-	-	-	-	-	27	8	-	-	-
203	58	MELVYN HOLLOWAY	CITY OF SALISBURY A & RC M50	35	45:19	176	12	44	CITY OF SALISBURY A & RC	474	-	-	-	-	-
204	457	CHRISTOPHER CRAMP	FARNHAM RUNNERS M40	67	45:22	177	2	-	-	-	-	-	-	-	-
205	137	JOE CUNNINGHAM	SM	73	45:25	178	-	-	-	-	-	-	-	-	-
206	433	VANESSA LOWE	ALTON RUNNERS W40	9	45:27	-	-	-	-	-	28	1	-	-	-
207	199	NIC WOOLLARD	M40	68	45:27	179	-	-	-	-	-	-	-	-	-
208	133	MARTIN SHAW	DENMEAD STRIDERS SM	74	45:30	180	9	47	DENMEAD STRIDERS	489	-	-	-	-	-



Southampton AC "The Run In The Park 10K" Hampshire Road Race League Race 2013

Netley - Sunday 19th May 2013

Combined Results

Pos.	No.	Name	Club	Vet.	Cat.	Time	Men Pos.	Pos. in Club	Team Pos.	MEN'S Team	Team Pts	Women Pos.	Pos. in Club	Team Pos.	WOMEN'S Team	Team Pts
261	151	KEVIN TOAL	STUBBINGTON GREEN RUNNERS	SM	81	47:35	217	17	-	-	-	-	-	-	-	-
262	753	LLOYD HAMILTON		SM	82	47:37	218	-	-	-	-	-	-	-	-	-
263	146	JOHN BARRETT	GOSPORT ROAD RUNNERS	M50	43	47:40	219	8	-	-	-	-	-	-	-	-
264	250	ROY MCLOUGHLIN	LORDSHILL ROAD RUNNERS	M60	10	47:42	220	26	-	-	-	-	-	-	-	-
265	236	GRAHAM CLARKE	DENMEAD STRIDERS	M60	11	47:42	221	11	-	-	-	-	-	-	-	-
266	280	ANDREW TAPSELL	ISLE OF WIGHT ROAD RUNNERS	M40	86	47:43	222	11	-	-	-	-	-	-	-	-
267	86	KAREN PHILLIPS	ISLE OF WIGHT ROAD RUNNERS	W40	17	47:43	-	-	-	-	-	45	2	-	-	-
268	56	CRAIG POVEY		SM	83	47:46	223	8	-	-	-	-	-	-	-	-
269	23	SHIRLEY DYSON-LAURIE	WINCHESTER & DISTRICT AC	W60	2	47:50	-	-	-	-	-	46	9	9	WINCHESTER & DISTRICT AC	99
270	328	DOMINIC BEDFORD		SM	84	47:51	224	-	-	-	-	-	-	-	-	-
271	353	LUCY MAY	STUBBINGTON GREEN RUNNERS	SW	24	47:58	-	-	-	-	-	47	2	-	-	-
272	459	PATRICIA TRAIN	ISLE OF WIGHT ROAD RUNNERS	W40	18	47:59	-	-	-	-	-	48	3	8	ISLE OF WIGHT ROAD RUNNERS	98
273	241	ELAINE HARRIS	ISLE OF WIGHT ROAD RUNNERS	W40	19	48:02	-	-	-	-	-	49	4	-	-	-
274	728	ANDY LEAL	RYDE HARRIERS	M50	44	48:13	225	1	-	-	-	-	-	-	-	-
275	29	SUSAN BRYAN	WINCHESTER & DISTRICT AC	W40	20	48:15	-	-	-	-	-	50	10	-	-	-
276	383	RICHARD FRANCIS	OVERTON HARRIERS & AC	M50	45	48:17	226	14	-	-	-	-	-	-	-	-
277	371	DEBRA MILLER		W40	21	48:17	-	-	-	-	-	51	-	-	-	-
278	210	MARK LEE	HARDLEY RUNNERS	M40	87	48:22	227	7	-	-	-	-	-	-	-	-
279	49	STEPHEN MORRIS	ISLE OF WIGHT ROAD RUNNERS	M50	46	48:23	228	12	58	ISLE OF WIGHT ROAD RUNNERS	661	-	-	-	-	-
280	30	HARRISON POCOCK	CITY OF PORTSMOUTH AC	SM	85	48:28	229	2	-	-	-	-	-	-	-	-
281	716	NOREEN HENDERSON	NEW FOREST RUNNERS	W50	5	48:28	-	-	-	-	-	52	4	-	-	-
282	186	ELAINE JEFFERY	LORDSHILL ROAD RUNNERS	W50	6	48:32	-	-	-	-	-	53	5	-	-	-
283	359	KELVIN MASON	ANDOVER AC	M60	12	48:36	230	5	-	-	-	-	-	-	-	-
284	97	STEVE JOHNSON	LORDSHILL ROAD RUNNERS	M50	47	48:38	231	27	57	LORDSHILL ROAD RUNNERS	653	-	-	-	-	-
285	187	JOHN SALT	STUBBINGTON GREEN RUNNERS	M40	88	48:38	232	18	59	STUBBINGTON GREEN RUNNERS	663	-	-	-	-	-
286	176	CARRIE OLIVER	WINCHESTER & DISTRICT AC	W50	7	48:38	-	-	-	-	-	54	11	-	-	-
287	279	MICHAEL ROBERTS		SM	86	48:44	233	9	60		665	-	-	-	-	-
288	33	ALAN CHARLES	EASTLEIGH RUNNING CLUB	M40	89	48:45	234	13	-	-	-	-	-	-	-	-
289	703	KENNY OLORO	SOUTHAMPTON AC	M50	48	48:45	235	2	-	-	-	-	-	-	-	-
290	488	GORDON WILSON	RNAC & ACHILLES	M60	13	48:45	236	1	-	-	-	-	-	-	-	-
291	360	MICHAEL PEARCE	ALTON RUNNERS	M60	14	48:45	237	1	-	-	-	-	-	-	-	-
292	10	ANITA CRAWLEY	DENMEAD STRIDERS	W40	22	48:47	-	-	-	-	-	55	3	6	DENMEAD STRIDERS	97
293	367	HUGH BETHELL	ALTON RUNNERS	M60	15	48:48	238	2	-	-	-	-	-	-	-	-
294	195	ANNA WILBY-LOPEZ	STUBBINGTON GREEN RUNNERS	SW	25	48:51	-	-	-	-	-	56	3	10	STUBBINGTON GREEN RUNNERS	122
295	184	JOHN SIMISTER	STUBBINGTON GREEN RUNNERS	M50	49	48:52	239	19	-	-	-	-	-	-	-	-
296	755	GARRY GRAY	PORTSMOUTH TRIATHLETES	M50	50	48:54	240	1	-	-	-	-	-	-	-	-
297	24	JACQUELINE KING		W40	23	48:58	-	-	-	-	-	57	2	-	-	-
298	22	VIVEN ALEXANDER	HARDLEY RUNNERS	W50	8	49:01	-	-	-	-	-	58	2	-	-	-
299	172	GAYNOR HEFFER	STUBBINGTON GREEN RUNNERS	W40	24	49:02	-	-	-	-	-	59	4	-	-	-
300	738	SALLY FISHER		W50	9	49:03	-	-	-	-	-	60	-	-	-	-
301	495	MARK BOWERS		M40	90	49:03	241	-	-	-	-	-	-	-	-	-
302	261	JENNIFER DESMOULINS	GOSPORT ROAD RUNNERS	SW	26	49:14	-	-	-	-	-	61	1	-	-	-
303	711	JAMES DUNLOP	TOTTEN RUNNING CLUB	M50	51	49:15	242	9	55	TOTTEN RUNNING CLUB	617	-	-	-	-	-
304	311	LOUISA HAYMAN	SOUTHAMPTON AC	SW	27	49:16	-	-	-	-	-	62	1	-	-	-
305	347	MELANIE MURPHY	CITY OF SALISBURY A & RC	W40	25	49:35	-	-	-	-	-	63	4	-	-	-
306	449	TERRY AKED	DENMEAD STRIDERS	M40	91	49:43	243	12	61	DENMEAD STRIDERS	677	-	-	-	-	-
307	273	KEVIN ROWE	HEDGE END RUNNING CLUB	M50	52	49:44	244	6	49	HEDGE END RUNNING CLUB	526	-	-	-	-	-
308	107	CLIFF MANTON	EASTLEIGH RUNNING CLUB	M50	53	49:50	245	14	-	-	-	-	-	-	-	-
309	224	ANDREW ROBBINS	CITY OF SALISBURY A & RC	M40	92	49:54	246	13	-	-	-	-	-	-	-	-
310	754	MARTYN ROWELL	GOSPORT ROAD RUNNERS	M40	93	49:57	247	9	56	GOSPORT ROAD RUNNERS	619	-	-	-	-	-
311	465	SALLY ROBERTS	RYDE HARRIERS	W50	10	50:02	-	-	-	-	-	64	1	-	-	-
312	274	PHILIPPA MCCLENAGHAN		W40	26	50:02	-	-	-	-	-	65	3	12		139





Southampton AC "The Run In The Park 10K" Hampshire Road Race League Race 2013

Netley - Sunday 19th May 2013

Combined Results

Pos.	No.	Name	Club	Vet. Cat.	Cat. Pos	Time	Men Pos.	Pos. in Club	Team Pos.	MEN'S Team	Team Pts	Women Pos.	Pos. in Club	Team Pos.	WOMEN'S Team	Team Pts
365	336	ANGELA BUSHELL		0	W40 36	52:34	-	-	-		-	89	-	-		-
366	15	NICKY COOKE	EASTLEIGH RUNNING CLUB		W40 37	52:39	-	-	-		-	90	4	-		-
367	213	MARIA DIVER			SW 38	52:40	-	-	-		-	91	-	-		-
368	160	AITKEN HUNTER	STUBBINGTON GREEN RUNI		M50 58	52:42	277	21	65	STUBBINGTON GREEN RUNI	776	-	-	-		-
369	458	ELOISE STRADLING	FARNHAM RUNNERS		SW 39	52:42	-	-	-		-	92	2	-		-
370	343	DAVID PHEBY	STUBBINGTON GREEN RUNI		M50 59	52:43	278	22	-		-	-	-	-		-
371	456	ROELIE HEMPEL	LORDSHILL ROAD RUNNERS		SW 40	52:44	-	-	-		-	93	7	-		-
372	751	CHRISTOPHER HAMMOND			M40 103	52:49	279	-	-		-	-	-	-		-
373	68	MICK MACENRI	FAREHAM CRUSADERS		M50 60	52:49	280	11	-		-	-	-	-		-
374	758	ANDREW PORTER	LORDSHILL ROAD RUNNERS		SM 98	52:50	281	33	68	LORDSHILL ROAD RUNNERS	825	-	-	-		-
375	230	VANESSA BRABAZON	HEDGE END RUNNING CLUB		W40 38	52:56	-	-	-		-	94	3	14	HEDGE END RUNNING CLUB	194
376	192	TRUDI AMY			W40 39	52:56	-	-	-		-	95	6	20		254
377	218	SHERYL JAMES			W40 40	52:58	-	-	-		-	96	-	-		-
378	364	STEPHEN LEE	RYDE HARRIERS		M60 21	53:00	282	3	64	RYDE HARRIERS	760	-	-	-		-
379	106	HEATHER HIGGINS	PORTSMOUTH JOGGERS		SW 41	53:10	-	-	-		-	97	2	-		-
380	327	LISA GUILLE	DENMEAD STRIDERS		W40 41	53:15	-	-	-		-	98	5	-		-
381	264	RICHARD MANN			M50 61	53:22	283	-	-		-	-	-	-		-
382	179	ALICE JONES	LORDSHILL ROAD RUNNERS		SW 42	53:24	-	-	-		-	99	8	-		-
383	45	CATHY PITTICK	FAREHAM CRUSADERS		W40 42	53:28	-	-	-		-	100	6	19	FAREHAM CRUSADERS	219
384	731	GARY HEATHER	VICTORY AC		M40 104	53:31	284	4	-		-	-	-	-		-
385	294	PAULINE RICH	WORTHING STRIDERS		W60 4	53:32	-	-	-		-	101	1	-		-
386	84	CAROL SERGEANT	HEDGE END RC		W40 43	53:37	-	-	-		-	102	1	-		-
387	208	SARAH CESSFORD			W40 44	53:37	-	-	-		-	103	-	-		-
388	201	SANDRA HOOK			W50 14	53:46	-	-	-		-	104	-	-		-
389	744	GAVIN BROOK			SM 99	53:46	285	-	-		-	-	-	-		-
390	90	STEPHANIE COOLEY	EASTLEIGH RUNNING CLUB		SW 43	53:49	-	-	-		-	105	5	-		-
391	212	JESSICA HOBSON TAYLOR	FAREHAM CRUSADERS		SW 44	53:56	-	-	-		-	106	7	-		-
392	206	HELEN CLARKE	VICTORY HAVANT		W40 45	54:05	-	-	-		-	107	1	-		-
393	745	EMMA LEE-CHOON			SW 45	54:06	-	-	-		-	108	-	-		-
394	385	CAROLE DRIVER	OVERTON HARRIERS & AC		W50 15	54:08	-	-	-		-	109	3	16	OVERTON HARRIERS & AC	197
395	373	MONIQUE VAN NUETEN	OVERTON HARRIERS & AC		W50 16	54:14	-	-	-		-	110	4	-		-
396	11	STEPHEN MIDELWRIGHT			M50 62	54:18	286	13	-		-	-	-	-		-
397	463	ROBERT RAYNER			M60 22	54:24	287	-	-		-	-	-	-		-
398	451	TAMSYN SMITH	LORDSHILL ROAD RUNNERS		SW 46	54:26	-	-	-		-	111	9	21	LORDSHILL ROAD RUNNERS	303
399	48	MARTIN WARD	FAREHAM CRUSADERS		M40 105	54:39	288	12	69	FAREHAM CRUSADERS	835	-	-	-		-
400	764	MERYL ALLDERIDGE		0	SW 47	54:41	-	-	-		-	112	-	-		-
401	96	CHRISTINE HARRIS	HARDLEY RUNNERS		W60 5	54:46	-	-	-		-	113	3	#N/A		210
402	240	CHERYL DIXON			SW 48	54:49	-	-	-		-	114	-	-		-
403	204	RHIANNON NICHOLSON	LORDSHILL ROAD RUNNERS		SW 49	54:55	-	-	-		-	115	10	-		-
404	14	DARYN JONES			M50 63	54:55	289	14	-		-	-	-	-		-
405	748	LUCY ROLFE	DENMEAD STRIDERS		SW 50	54:59	-	-	-		-	116	6	#N/A		294
406	59	RICHARD BARRETT			M60 23	55:00	290	15	#N/A		865	-	-	-		-
407	268	ANDREA EDWARDS	GOSPORT ROAD RUNNERS		W40 46	55:01	-	-	-		-	117	4	-		-
408	80	AMANDA SIMPSON			W50 17	55:07	-	-	-		-	118	7	-		-
409	479	AMBER BRACE	GOSPORT ROAD RUNNERS		W40 47	55:07	-	-	-		-	119	5	-		-
410	440	RONEL BEUKMAN	STUBBINGTON GREEN RUNI		W40 48	55:13	-	-	-		-	120	8	-		-
411	255	CAROLYN MILLS			SW 51	55:13	-	-	-		-	121	-	-		-
412	270	JUNE RAY	ISLE OF WIGHT ROAD RUNN		W40 49	55:13	-	-	-		-	122	6	21	ISLE OF WIGHT ROAD RUNN	254
413	746	KIRSTY WARE-LANE	LORDSHILL ROAD RUNNERS		SW 52	55:13	-	-	-		-	123	11	-		-
414	152	LETITIA MAGENNIS	STUBBINGTON GREEN RUNI		SW 53	55:16	-	-	-		-	124	9	#N/A		331
415	262	STEVE ROBERTS		0	M40 106	55:36	291	-	-		-	-	-	-		-
416	319	NICOLA STOTT	VICTORY AC		W40 50	55:38	-	-	-		-	125	2	-		-



Southampton AC "The Run In The Park 10K" Hampshire Road Race League Race 2013  
 Netley - Sunday 19th May 2013  
 Combined Results

Pos.	No.	Name	Club	Vet.	Cat.	Time	Men Pos.	Pos. in Club	Team Pos.	MEN'S Team	Team Pts	Women Pos.	Pos. in Club	Team Pos.	WOMEN'S Team	Team Pts
417	5	AVIS COWLING	FAREHAM CRUSADERS	W50	18	55:42	-	-	-	-	-	126	8	-	-	-
418	271	BRYAN TAYLOR	WORTHING STRIDERS	M60	24	55:50	292	2	-	-	-	-	-	-	-	-
419	123	JANICE COOK	ANDOVER AC	W40	51	55:55	-	-	-	-	-	127	1	-	-	-
420	725	LUCY HUDSON	GOSPORT ROAD RUNNERS	SW	54	55:59	-	-	-	-	-	128	6	#N/A	-	364
421	143	MICHAEL RAE	FAREHAM CRUSADERS	SM	100	56:00	293	13	-	-	-	-	-	-	-	-
422	423	KATIE WHITMILL		SW	55	56:02	-	-	-	-	-	129	-	-	-	-
423	761	CHALOTTE SIMPSON		SW	56	56:03	-	-	-	-	-	130	-	-	-	-
424	485	ROSIE BOWERMAN		SW	57	56:06	-	-	-	-	-	131	-	-	-	-
425	46	MELISSA CALLISTER	WINCHESTER & DISTRICT A	W40	52	56:06	-	-	-	-	-	132	12	#N/A	-	236
426	20	LAURA O'LOUGHLIN	LORDSHILL ROAD RUNNERS	SW	58	56:29	-	-	-	-	-	133	12	#N/A	-	371
427	312	WILLIAM DAVIES	WINCHESTER & DISTRICT A	M60	25	56:39	294	18	#N/A	-	756	-	-	-	-	-
428	57	LORAIN HARRIS	LORDSHILL ROAD RUNNERS	W40	53	56:53	-	-	-	-	-	134	13	-	-	-
429	309	JENNY FISHER		SW	59	56:54	-	-	-	-	-	135	8	-	-	-
430	51	SHARRON LEE	SOUTHAMPTON AC	W40	54	56:56	-	-	-	-	-	136	2	-	-	-
431	480	CHERRY OWENS	WEST WIGHT ROAD RUNNERS	W60	6	56:58	-	-	-	-	-	137	1	-	-	-
432	710	SARAH MARTIN		W40	55	57:00	-	-	-	-	-	138	-	-	-	-
433	225	WILL COWAN		M50	64	57:02	295	-	-	-	-	-	-	-	-	-
434	308	RALPH HASLER		M60	26	57:06	296	16	-	-	-	-	-	-	-	-
435	767	PETER LARKIN		M50	65	57:16	297	-	-	-	-	-	-	-	-	-
436	493	JANE NOCKEMANN	PORTSMOUTH JOGGERS	W50	19	57:24	-	-	-	-	-	139	3	#N/A	-	244
437	246	DAWN WOOD		W50	20	57:25	-	-	-	-	-	140	-	-	-	-
438	286	SUE DAVIES	WINCHESTER & DISTRICT A	W50	21	57:26	-	-	-	-	-	141	13	-	-	-
439	209	TRACY RANDALL		W40	56	57:28	-	-	-	-	-	142	-	-	-	-
440	742	HEINRICH SOUZA		SM	101	57:28	298	-	-	-	-	-	-	-	-	-
441	189	DAVID WHITMORE		M60	27	57:28	299	17	-	-	-	-	-	-	-	-
442	175	NATALIE SPICER		SW	60	57:29	-	-	-	-	-	143	9	#N/A	-	396
443	89	JOHN RANDLERS	RYDE HARRIERS	M40	107	57:35	300	4	-	-	-	-	-	-	-	-
444	188	JULIE SALT	STUBBINGTON GREEN RUNNERS	W40	57	57:47	-	-	-	-	-	144	10	-	-	-
445	83	ROBERT SPENCER	STUBBINGTON GREEN RUNNERS	M50	66	57:47	301	23	-	-	-	-	-	-	-	-
446	166	JO RANDALL	ISLE OF WIGHT ROAD RUNNERS	W40	58	57:55	-	-	-	-	-	145	7	-	-	-
447	704	JULIA TROUT	WEST WIGHT ROAD RUNNERS	W40	59	57:58	-	-	-	-	-	146	2	-	-	-
448	282	SHANE LAWERENCE	FAREHAM CRUSADERS	SM	102	58:06	302	14	-	-	-	-	-	-	-	-
449	335	KEVAN KNIGHT		M40	108	58:22	303	-	-	-	-	-	-	-	-	-
450	272	ADRIAN KNIGHT		M40	109	58:24	304	18	#N/A	-	899	-	-	-	-	-
451	198	LUANA COX	LORDSHILL ROAD RUNNERS	W40	60	58:26	-	-	-	-	-	147	14	-	-	-
452	313	JANET COAR		W50	22	58:41	-	-	-	-	-	148	-	-	-	-
453	295	SARAH FAGAN	WORTHING STRIDERS	W40	61	58:45	-	-	-	-	-	149	2	-	-	-
454	713	IRENE MORENO MILLAN	LORDSHILL ROAD RUNNERS	SW	61	59:00	-	-	-	-	-	150	15	#N/A	-	431
455	400	MARILYN CROCKER	VICTORY AC	W60	7	59:26	-	-	-	-	-	151	3	#N/A	-	298
456	322	LOU GOWER	LORDSHILL ROAD RUNNERS	SW	62	59:30	-	-	-	-	-	152	16	-	-	-
457	202	NICOLA WHITE	GOSPORT ROAD RUNNERS	SW	63	59:35	-	-	-	-	-	153	7	-	-	-
458	726	ELLIE BLAIKLOCK	GOSPORT ROAD RUNNERS	SW	64	59:35	-	-	-	-	-	154	8	-	-	-
459	183	SUE HUNTER	ISLE OF WIGHT ROAD RUNNERS	W50	23	59:53	-	-	-	-	-	155	8	-	-	-
460	320	AL WILSON		SM	103	60:03	305	-	-	-	-	-	-	-	-	-
461	317	LINDA BRIGGS	GOSPORT ROAD RUNNERS	W40	62	60:11	-	-	-	-	-	156	9	#N/A	-	463
462	356	RACHEL NETTLE		SW	65	60:14	-	-	-	-	-	157	-	-	-	-
463	412	PETER WEST		M60	28	60:14	306	-	-	-	-	-	-	-	-	-
464	297	CLAIRE GRAY	PORTSMOUTH TRIATHLETES	W50	24	60:19	-	-	-	-	-	158	1	-	-	-
465	406	SARAH POOLE		SW	66	60:27	-	-	-	-	-	159	-	-	-	-
466	405	TREVOR POOLE		M60	29	60:27	307	-	-	-	-	-	-	-	-	-
467	359	KELVIN MASON	ANDOVER AC	M60	30	60:32	308	6	#N/A	-	722	-	-	-	-	-
468	69	LIZ MACENRI	FAREHAM CRUSADERS	W50	25	61:08	-	-	-	-	-	160	9	#N/A	-	392

Southampton AC "The Run In The Park 10K" Hampshire Road Race League Race 2013

Netley - Sunday 19th May 2013

Combined Results

Pos.	No.	Name	Club	Vet.	Cat.	Time	Men Pos.	Pos. in Club	Team Pos.	MEN'S Team	Team Pts	Women Pos.	Pos. in Club	Team Pos.	WOMEN'S Team	Team Pts
469	467	JAN ANGUM	HARDLEY RUNNERS	W60	8	61:41	-	-	-	-	-	161	4	-	-	-
470	159	LARRY COOLEY	EASTLEIGH RUNNING CLUB	M50	67	61:41	309	15	#N/A	-	788	-	-	-	-	-
471	43	BRIAN HARRIS	DENMEAD STRIDERS	M60	31	61:44	310	14	-	-	-	-	-	-	-	-
472	490	KATIE BRAHAM		SW	67	61:50	-	-	-	-	-	162	-	-	-	-
473	478	DAVID BRACE	GOSPORT ROAD RUNNERS	M50	68	62:16	311	11	-	-	-	-	-	-	-	-
474	193	KERRY WELSH		SW	68	62:20	-	-	-	-	-	163	-	-	-	-
475	389	MARK BULPITT	OVERTON HARRIERS & AC	SM	104	62:23	312	15	#N/A	-	753	-	-	-	-	-
476	293	RACHEL HAYWARD	PORTSMOUTH TRIATHLETE'S	SW	69	62:26	-	-	-	-	-	164	2	-	-	-
477	185	CATHY ELLIS	FAREHAM CRUSADERS	W50	26	62:36	-	-	-	-	-	165	10	-	-	-
478	258	PETER WRIGHT		SM	105	62:36	313	-	-	-	-	-	-	-	-	-
479	315	ISABEL GARDNER	PORTSMOUTH JOGGERS	W50	27	63:03	-	-	-	-	-	166	4	-	-	-
480	707	KELLY WILKINSON		0 SW	70	63:03	-	-	-	-	-	167	-	-	-	-
481	276	GRAHAM JONES	CIVIL SERVICE SPORTS CLUB	M60	32	63:27	314	1	-	-	-	-	-	-	-	-
482	242	PATRICK HARRIS	ISLE OF WIGHT ROAD RUNNERS	M40	110	63:35	315	13	-	-	-	-	-	-	-	-
483	354	LUCY WHITTAKER		SW	71	63:53	-	-	-	-	-	168	-	-	-	-
484	2	ALLAN STINSON	STUBBINGTON GREEN RUNNERS	M40	111	64:08	316	24	#N/A	-	895	-	-	-	-	-
485	750	ALICE YATES		0 SW	72	64:18	-	-	-	-	-	169	-	-	-	-
486	200	TRACEY CRANK	DENMEAD STRIDERS	W50	28	64:33	-	-	-	-	-	170	7	-	-	-
487	706	VICKIE LOCK		SW	73	64:55	-	-	-	-	-	171	-	-	-	-
488	125	IAN BEATTIE		M50	69	65:30	317	-	-	-	-	-	-	-	-	-
489	127	JENNY HARPER		SW	74	65:58	-	-	-	-	-	172	-	-	-	-
490	126	EDIT TUZA		0 SW	75	66:04	-	-	-	-	-	173	-	-	-	-
491	81	SANDRA CLARK	PORTSMOUTH JOGGERS	W40	63	66:14	-	-	-	-	-	174	5	-	-	-
492	732	MATTHEW TENISON	PORTSMOUTH JOGGERS	M40	112	66:16	318	9	#N/A	-	673	-	-	-	-	-
493	116	FRANCESCA LOCK		SW	76	66:31	-	-	-	-	-	175	-	-	-	-
494	316	INEZ WALKER	LORDSHILL ROAD RUNNERS	W50	29	66:46	-	-	-	-	-	176	17	-	-	-
495	289	INA WILLIAMS		W50	30	67:10	-	-	-	-	-	177	10	-	-	-
496	85	CHERYL PHILLIPS	HEDGE END RC	W40	64	68:00	-	-	-	-	-	178	2	-	-	-
497	342	MOON BREED		SW	77	68:33	-	-	-	-	-	179	-	-	-	-
498	341	KATHLEEN JANNING	LORDSHILL ROAD RUNNERS	W40	65	68:38	-	-	-	-	-	180	18	#N/A	-	508
499	281	SALLY LAWRENCE	FAREHAM CRUSADERS	W40	66	69:52	-	-	-	-	-	181	11	-	-	-
500	494	LUCY CARR		0 SW	78	70:42	-	-	-	-	-	182	-	-	-	-
501	765	SARA FERNANDEZ		SW	79	72:57	-	-	-	-	-	183	-	-	-	-
502	325	TASHA UNWIN		SW	80	79:20	-	-	-	-	-	184	-	-	-	-
503	323	FLORENCE HODESDON		SW	81	88:54	-	-	-	-	-	185	-	-	-	-
504	113	ANNA PESKETT		SW	82	91:31	-	-	-	-	-	186	-	-	-	-
505	114	NICOLA PESKETT		0 SW	83	91:31	-	-	-	-	-	187	-	-	-	-